

SAMHSA-HRSA **Center for Integrated Health Solutions**

Making Integrated Care Work



NATIONAL COUNCIL
FOR COMMUNITY BEHAVIORAL HEALTHCARE

A Life in the Community for Everyone
SAMHSA
Substance Abuse and Mental Health Services Administration

HRSA

NEWS & UPDATES



Motivational Interviewing for Better Health Outcomes

Webinar on Tuesday, February 22, 2010
1 pm eastern

CLICK HERE TO REGISTER FREE

ABOUT THE WEBINAR

Motivational Interviewing helps persons with mental and addiction disorders and other chronic conditions such as diabetes, cardiovascular conditions, and asthma make positive behavioral changes to support better health.

This webinar provides behavioral health specialists, psychologists, clinical social workers, alcohol and drug treatment counselors, physicians, and nurse practitioners with an overview of how to implement Motivational Interviewing in clinical settings and reviews the benefits to clients. The webinar covers the four principles of Motivational Interviewing — expressing empathy and avoiding arguing, developing discrepancy, rolling with resistance and supporting self-efficacy (client's belief he or she can successfully make a change).

ABOUT THE PRESENTERS

Sangre de Cristo, a community health center, is a leader in training on Motivational Interviewing and integrating behavioral health and primary care in safety net provider settings. Presenters from this organization will moderate the webinar, describe their experience in building Motivational Interviewing into their practice delivery model, and be available for questions and dialogue with attendees.

ABOUT THE CENTER

The SAMHSA-HRSA Center for Integrated Health Solutions (www.TheNationalCouncil.org/CIHS), run by the National Council for Community Behavioral Healthcare under a cooperative agreement from the U.S. Department of Health and Human Services, is funded jointly by the Substance Abuse and Mental Health Services Administration and the Health Resources Services Administration. The Center promotes the development of integrated primary and behavioral health services to better address the needs of individuals with mental health and substance use conditions, whether seen in specialty behavioral health or primary care provider settings. The [National Association of Community Health Centers](#) is a subcontractor on this collaboration.

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