

Good News For Seniors

Help is Available to Beat the High Cost of Food

If you are a low-income senior (age 60 or over), you may now qualify for food assistance through the Food Stamp Program, even if you own a home or a car or have savings. Thanks to new changes to the Food Stamp Program, assets are no longer considered for seniors whose incomes fall within certain guidelines; and other program improvements have increased benefits for thousands of households. (Seniors whose incomes fall above the guidelines may still be eligible, but their assets will be considered).

New Asset Rules for Senior/Disabled Households

Household Size	Monthly Gross Income	Assets
1	Below \$1,734	Assets not counted
2	Below \$2,334	Assets not counted

Food Stamp eligibility is based on income and certain expenses. To find out if you are eligible, call Project Bread's FoodSource Hotline at 1-800-645-8333.

- You will speak to a counselor (not a machine).
- The counselor will explain the Food Stamp requirements and help you maximize your benefits by identifying medical and other deductions.
- Counselors can estimate your eligibility in just a few minutes.
- All calls are confidential.

You apply for Food Stamps at your local Department of Transitional Assistance (DTA), but you are not required to apply in person. You can apply by mail or online and you can indicate your preference for a telephone interview. You can also mail or fax the documents that your worker requests.

New! FoodSource Hotline counselors can help you start the application process by filling out the application with you over the phone. You must still sign and submit the Food Stamp application to your local Department of Transitional Assistance.

FoodSource Hotline

1-800-645-8333

Monday – Friday, 8:00 a.m. to 5:00 p.m.

Call today!