

**MCOA BRIEFS**  
Weekly News from your State COA Association  
Friday 18 June 2010

**We attempt to keep only the most important or recent news (last 30 days, dated) at the top.  
Posting Requests — please notify us when Positions or Inquiries are filled — Thank you  
(Posting date is at the right of each entry)**

**Table of Contents**

**For Our Members / Upcoming Events / Member Inquiries / Job Opportunities  
“Worth Repeating”**

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**Submissions / Updates / Comments — [peter@mcoaonline.com](mailto:peter@mcoaonline.com)**

**ALWAYS ONLINE @ [www.mcoaonline.com](http://www.mcoaonline.com)**

The latest MCOA Monthly Newsletter — **June 2010**

**Discover the MCOA Bulletin Board**

[http://www.mcoaonline.com/members\\_only/mcoabb/](http://www.mcoaonline.com/members_only/mcoabb/)

(Right-Click on the open Bulletin Board to save as an icon on your Desktop.)

**Call for Presentations**

## **MCOA Membership Meeting**

### **Re: Evidence-Based Programming**

For the last few years the Executive Office of Elder Affairs, the MA Department of Public Health, and MCOA have been focusing on the benefits of **Evidence-Based Programming** for older adults. With any new initiatives there have been some successes and some obstacles. EOE, DPH and MCOA want to improve the service delivery network of these valuable programs and we need your input. Whether you have offered one of these programs or not, whether it has been successful or not, we need you to join us on June 18<sup>th</sup> to offer your opinions on this endeavor. Please make every effort to have your COA represented.

**Registration Form:** <http://www.mcoaonline.com/content/main/calendar.php>

6/4

**Join us June 18<sup>th</sup> at 10am at the Milford COA**

### **MCOA Briefs: For our Members — Retired State Employees Association**

The Commission will make recommendations to Congress and the President by **December 1, 2010**. The Commission will hold a **public forum on June 30** and is also soliciting comments via e-mail.

See: <http://www.mcoaonline.com/content/legislative/index.php>

6/18

### **MCOA Briefs: Members — Transport to Boston Hospitals & Brockton VA**

List of Participating Towns and Schedule for July, August and September.

See: <http://www.mcoaonline.com/content/wellness/transport.php>

6/18

## **MCOA Briefs: For our Members — BC Research on Memory & Emotion**

Healthy adults, ages 59-85, needed for noninvasive study examining How Emotion Affects Memory for Details. Research conducted at Boston College (average time commitment is 2 hours). Complete pen-and-paper tasks, perform computerized tasks, and receive \$10/hour for participation. For more information or to schedule an appointment, please contact us. <http://www2.bc.edu/~kensinel/>  
Jenny Wong, Research Assistant, Boston College, 140 Commonwealth Avenue, McGuinn 504B, Chestnut Hill, MA 02467 — 617-552-2083 — [canlab@bc.edu](mailto:canlab@bc.edu)

6/18

## **MCOA Briefs: For our Members — ELERT ACTION NEEDED on FY11 Conference Committee Choices**

As reported in our June MCOANews (posted June 4<sup>th</sup>) the FY11 Budget has moved forward to the Conference Committee Stage where differences in line item amounts and language are reconciled.

David P. Stevens, MCOA Executive Director

See: <http://www.mcoaonline.com/content/legislative/index.php>

6/11

## **MCOA Briefs: For our Members — ELERT ACTION NEEDED on FMAP Glitch**

In the June edition of MCOANews I wrote that “I would plan on \$7/elder for FY11 there are three caveats that are in play. The most significant caveat is in flux now and needs your immediate attention:

**the FMAP Money.** David P. Stevens, MCOA Executive Director

See: <http://www.mcoaonline.com/content/legislative/index.php>

6/11

## **MCOA Briefs: For our Members — \$60M in HHS Affordable Care Act Grants**

FOR IMMEDIATE RELEASE

Contact: HHS Press Office

Thursday, June 3, 2010

(202) 620-6343

HHS Secretary Kathleen Sebelius announced the availability of \$60 million in Affordable Care Act grants to states and communities to help individuals and their caregivers better understand and navigate their health and long-term care options.

**The deadline for applications is: Monday, July 30, 2010.** Grants will be awarded in September 2010.

Press Release: <http://www.mcoaonline.com/content/grants/index.php>

6/4

## **MCOA Briefs: For our Members — Wisdom Works / Internet Job Searches**

The Wisdom Works Job Search Skills Training is an opportunity for older adults to learn the new and essential job search skills required for employment in today's internet-based approach to hiring.

COAs that are ready to adopt the program should **register by June 11th, 2010 by emailing Mary Kay Browne**, Senior Project Director, at [mary.k.browne@state.ma.us](mailto:mary.k.browne@state.ma.us). Please include your name, address, phone number and email address.

Program Details: <http://www.mcoaonline.com/content/jobs/index.php>

6/4

## **MCOA Briefs: For our Members — Unemployment Benefit Cycle in MA**

Dear Colleagues, As you may be aware, **effective Saturday, June 5th through Saturday, July 31st**, a large number of unemployment claimants within the Commonwealth of Massachusetts will begin to exhaust their unemployment insurance benefits. The Division of Unemployment Assistance will send a letter to unemployment insurance claimants projected to exhaust benefits within 30 days and include information on basic support services and community resources. As a result of this letter, you may anticipate inquiries from older adults seeking assistance.

Please know that prior to Friday, June 4th, Elder Affairs will forward you a messaging document and materials outlining statewide resources on how to better assist people.

Thank you in advance for your support and consideration. In the meantime, if you have any questions regarding this email, please feel free to contact Colleen McHatton of this office at 617-222-7417.

Sincerely, Emmett Schmarsow, Prog. Mgr. COAs & Senior Centers, ELD

6/4

## **MCOA Briefs: For our Members — Medicare & The New Health Care Law**

Subject: Medicare Update: Medicare & The New Health Care Law – What it Means for You – Many Medicare Beneficiaries to receive \$250 check

Medicare beneficiaries will soon receive information in the mail about the immediate benefits they may see from the new the Affordable Care Act. The first benefit that several million Medicare beneficiaries will receive is a one-time check for \$250, if they enter the Part D donut hole and are not eligible for Medicare Extra Help. The donut hole, or coverage gap, is the period in the prescription drug benefit in which a beneficiary pays 100 percent of the cost of their drugs until they hit the catastrophic coverage. Next year, all beneficiaries who enter the gap will get a 50 percent discount for covered brand name Part D drugs. Also beginning next year, Medicare beneficiaries will get preventive care services like colorectal cancer screening and mammograms without cost-sharing, in addition to an annual wellness visit. A fact sheet about Medicare and the new health care law is available in English and Spanish.

This information has recently been updated, and can be read by visiting this link:

[http://www.disability.gov/health/health\\_insurance/medicare](http://www.disability.gov/health/health_insurance/medicare)

Paul J. Lanzikos, Executive Director, North Shore Elder Services, 152 Sylvan Street, Danvers, MA 01923-3568  
978/624-2245 — 978/624-2244 (TTY)

5/28

## **MCOA Briefs: For our Members — CDC Healthy Aging Site**

The U.S. National Centers for Disease Control has an excellent Healthy Aging site.

See: <http://www.cdc.gov/aging/> Courtesy Emmett Schmarsow, EOE

5/21

## **MCOA Briefs: For our Members — U.S. Health & Human Services Guide**

**Taking Care of Myself: A Guide for When I Leave the Hospital** — a guide for patients to help them care for themselves when they leave the hospital. — Courtesy Linn Morrill, MDPH

See: <http://www.ahrq.gov/qual/goinghomeguide.htm>

5/21

## **Upcoming Events — by Event Date**

### **MCOA Briefs: Upcoming Events — MAOA Aging & Mental Health Conf.s**

MAOA is excited to share brochures and registration for two upcoming Aging and Mental Health Conferences: Susan Kastle, MPH, Mental Health Program Director, MA Association of Older Americans — (617) 426-0804

**June 18<sup>th</sup> (Fri)**, Pittsfield MA — Aging in the New Age: Mental Wellness in the Era of the Boomers

**June 30<sup>th</sup> (Wed)**, Worcester MA — The Body/Mind Connection: Brain Health

Brochure: <http://www.mcoaonline.com/content/conferences/index.php>

5/28

### **MCOA Briefs: Upcoming Events — APTA Convention, Boston Hynes Center**

Free 30-minute sessions on preventing falls, safe exercise programs, etc.

Hynes Convention Center, Boston — **Saturday 19 June 2010** — from 10 am to 1 pm

<http://www.mcoaonline.com/content/conferences/index.php>

5/28

### **MCOA Briefs: Upcoming Events — A Wealthier World for People w. Disabilities**

What looks to be a very worthwhile event entitled “Creating a Wealthier World for People with Disabilities” will be taking place next **Tuesday, June 22 in Worcester**. The attached brochure has all the details. Although the registration deadline is noted as June 11, the folks at the Internal Revenue Service (IRS) who sent me the brochure tell me that there is still plenty of space.

I hope you will consider forwarding the brochure to anyone you think might benefit.  
Thanks, Joseph Stone, Region I External Affairs, Office of the Regional Administrator, Centers for Medicare & Medicaid Services, JFK Federal Bldg., Rm. 2325, Boston, MA 02203  
(Office) 617-565-1297 — (Fax) 617-565-1339 — E-mail: [joseph.stone@cms.hhs.gov](mailto:joseph.stone@cms.hhs.gov) 6/18

### **MCOA Briefs: Upcoming Events — It Takes More than Ramps**

Accessible Health Care: It Takes More than Ramps — An all-day conference for practice managers, hospital administrators, ADA coordinators, facility managers, and health care practitioners  
**Tuesday, June 22, 2010 — 9:00 am - 4:00 pm — Shrewsbury MA**  
Event Flyer: <http://www.mcoaonline.com/content/conferences/index.php> 5/28

### **MCOA Briefs: Upcoming Events — Prescription Drugs: Good, Bad, Ugly**

You are invited to the BSAS: (#241) Prescription Drugs: The Good, The Bad and The Ugly scheduled on **Tuesday, June 29, 2010**. Registration Fee: \$50 payable to AdCare Educational Institute, Inc.  
Mail payment to: 5 Northampton Street, Worcester, MA 01605.  
**Registration Deadline: Wednesday, June 23, 2010** (or when the workshop reaches capacity).  
Continuing Education Credits: 5.50  
Location: Best Western Royal Plaza Hotel & Trade Center, 181 Boston Post Road West, Marlborough MA 01721 — Phone: (508) 460-0700  
If you have any questions, please contact me. Marion Clark-Jalbert, Training Coordinator, AdCare Educational Institute, Inc., [Marion@adcare-educational.org](mailto:Marion@adcare-educational.org) — 508.752.7313

### **MCOA Briefs: Upcoming Events — MA Rep. Stephen Lynch at Brockton**

Congressman Steve Lynch will be at the Brockton Council on Aging on **Monday, July 12, 10:00A.M.** He has been asked to discuss the Health Reform Act. Please call 508-580-7811 to reserve your seat. All are invited. Light refreshments will be served.  
This is an opportunity for seniors to discuss the impact of the Health Reform Act and ask the Congressman questions pertaining to the Federal issues affecting senior life. 6/18

### **Member Inquiries**

**(Posting COAs — please notify us when inquiries are answered — Thank you)**

### **MCOA Briefs: Member Offering — Ink for Xerox Phaser 8560/8560MFP**

We have 6 1/2 boxes of ink for a Xerox Phaser 8560/8560MFP printer & copy machine. The cartridges cost a great deal of money but we no longer have the machine. We would like to donate them to someone who can use them. Ruth Anne Bleakney — [mas@worldband.net](mailto:mas@worldband.net) 6/18

### **MCOA Briefs: Member Inquiry — Chair-Van Use Reimbursement ?**

We have a sudden surge in chair-van usage and a corresponding surge in cost. Has any COA center found a way to get reimbursed from medicare or any other insurance carrier or state or federal agency ?  
Gerald Ryan, Paxton Council on Aging — [Paxtoncoa@townofpaxton.net](mailto:Paxtoncoa@townofpaxton.net) 6/4

### **MCOA Briefs: Member Inquiry — Telephone Reassurance Programs ?**

Will you please email me back if your city/town currently has a telephone reassurance program for seniors (i.e., RUOK, IMOK, DSC care, Blackboard Connect, Everbridge, etc.)? Thanks, Dawn Dawn Folopoulos, Elder/Human Services Administrator, Town of Reading ~ 16 Lowell Street ~ Reading, MA 01867 — Phone: 781-942-6658 ~ Fax: 781-942-9071 5/28

### **MCOA Briefs: Member Inquiry — PT Outreach Worker job description ?**

I am looking for a job description for a part-time outreach worker, as well as salary levels. Please email Marcia Cairns, West Boylston Council on Aging at [mcairns@westboylston-ma.gov](mailto:mcairns@westboylston-ma.gov) Thanks,  
Marcia Cairns, RN, BSN, Director, West Boylston Council on Aging, 127 Hartwell St. Suite 100, West Boylston MA 01583 — 508-835-6916 — fax; 508-835-3486

### **MCOA Briefs: Member Inquiry — Elderly/Disabled Tax Relief applications**

Westford COA is looking for copies of Tax Relief for Elderly and Disabled tax relief applications that other communities may use? They may be emailed to [jsheehan@westfordma.gov](mailto:jsheehan@westfordma.gov) or faxed to Joanne at 978 392-4992. Thank you, Joanne Sheehan, Director, Westford COA 5/14

### **MCOA Briefs: Member Inquiry — Feasibility Studies for Senior/Community Centers**

The Lincoln COA hopes to issue an RFP for a feasibility study to look at programming and related space needs, and siting as a first step to acquiring more adequate space. If you have issued an RFP for similar services, could you please forward a copy to [bottumc@lincolntown.org](mailto:bottumc@lincolntown.org) ? We are especially interested in seeing your Scope of Service and the estimated cost of the study. Thank you!  
Carolyn Bottum, Director, Lincoln COA 5/14

## **Job Opportunities**

**(Posting COAs — please notify us when position is filled — Thank you)**

### **MCOA Briefs: For our Members — Job Posting Strategies**

Announcing Job Positions: Various Strategies and Suggestions — from Emmett Schmarsow at EOEa.  
<http://www.mcoaonline.com/content/jobs/index.php>

### **MCOA Briefs: Job Opportunity — Beverly COA — Assistant Director**

Apply to: Pauline Teixeira, Director of Human Resources, City of Beverly MA, 191 Cabot Street, Beverly, MA 01915.

Applications will be reviewed as they are received and are due **no later than July 2, 2010.**

For more information: visit our website at <http://www.beverlycouncilonaging.com/>

Job Advertisement: <http://www.mcoaonline.com/content/jobs/index.php>

6/18

### **MCOA Briefs: Job Opportunity — ADRC Aging & Disability Resource Coord.**

Please see the following link for a job posting for the position of statewide Aging and Disability Resource Consortia (ADRC) Coordinator. Please distribute the posting to your network.

[https://jobs.hrd.state.ma.us/recruit/public/31100001/job/job\\_view.do?postingId=J21770&code=search.public&companyId=66&federalStimulus=no](https://jobs.hrd.state.ma.us/recruit/public/31100001/job/job_view.do?postingId=J21770&code=search.public&companyId=66&federalStimulus=no)

If you have a problem with the link, go to [www.Mass.gov](http://www.Mass.gov), click on 'State Agencies' for an alphabetical list of state agencies, Human Resources Division, Commonwealth Employment Opportunity (CEO) and under 'Agency' and select Massachusetts Rehabilitation Commission from the drop-down list.

Thank you. Barbara Roberts, Project Coordinator, Program Instruction & Information Memorandum Coordinator Office of Program Planning and Management, MA Executive Office of Elder Affairs, One Ashburton Place, 5th Floor, Boston, MA 02108 — phone: (617)222-7451 — fax: (617)727-9368

[Barbara.Roberts@state.ma.us](mailto:Barbara.Roberts@state.ma.us)

6/18

## **MCOA Briefs: Job Opportunity — Needham COA — Outreach Worker PT**

Outreach Worker Part-time, 18 hours per week; not benefits eligible

Salary Range: \$19.85 - \$25.93 per hour (Grade PT2)

**Application Deadline: 3:00 pm Tuesday 15 June 2010** or until a suitable candidate has been selected.

Job Description: <http://www.mcoaonline.com/content/jobs/index.php>

6/11

## **MCOA Briefs: Job Opportunity — South County Senior Center — Director**

The South County Senior Center, located in South Deerfield and serving the towns of Deerfield, Sunderland and Whately is seeking a Director. Bachelor's degree in gerontology, social work or related field preferred. Will consider related experience along with a bachelor's degree in an unrelated field. Candidates should demonstrate familiarity with elder and aging issues, grant writing, and be computer proficient. Applicants must have a valid driver's license and a reliable vehicle. The successful applicant must be certified in CPR and Basic First Aid within the first six months of employment. Pre-employment drug testing and a CORI check are required. This is a part-time position, twenty-five hours per week, salary negotiable. Job description is posted on [www.whately.org](http://www.whately.org) or obtained at the Selectmen's Office in the Town of Whately. AA/EEO employer

Send cover letter and resume to: Senior Center Director c/o Whately Selectmen's Office, 218 Chestnut Plain Road, PO Box 181, Whately MA 01093.

**Applications must be received by 12:00 PM, June 11, 2010.**

6/4

## **MCOA Briefs: Job Opportunity — Kingston COA — Director**

The Town of Kingston (pop. 12,183) seeks qualified candidates for the position of Council on Aging Director. Works under the administrative direction of the Town Administrator and the policy direction of the Council on Aging Board. Performs varied, complex and responsible professional duties requiring the exercise of initiative and considerable independent judgment.

Establishes short-long range plans and objectives and assumes direct accountability for results.

Performs highly responsible duties in managing the department and budget, conducting service programs, supervising employees and addressing the needs of the elderly. Directs the daily operations of the Council on Aging department. Construction of a New Council on Aging/Senior Center set to begin in June and opening in early Spring 2011.

Bachelor's Degree in human services or related field; three years of progressively responsible experience in the assessment and evaluation of elder client needs, senior programs and development and grant writing.

Supervisory experience desirable; or an equivalent combination of education and experience. Master's degree preferred. Working knowledge of computer systems and MS Office, electronic distribution of documents and emails.

Salary range is \$37,389-\$50,194 with excellent fringe benefits. Detailed job description is available at [www.kingstonmass.org](http://www.kingstonmass.org).

Position open until suitable candidate chosen; anticipated appointment in July 2010. Please send resume, letter of interest, three (3) professional references to Jill Myers, Town Administrator, 26 Evergreen Street, Kingston, MA 02364 or email to [jmyers@kingstonmass.org](mailto:jmyers@kingstonmass.org) AA/EOE

6/4

## **MCOA Briefs: Job Opportunity — Natick COA — Assistant Director**

Town of Natick, Human Services & Council on Aging, Assistant Director/Program Developer

Assist Director in oversight of daily operations of facility, including comprehensive programming for multipurpose center for residents of all ages. Prior experience managing staff, facilities, and knowledge of regional and State agencies offering programs / resources for residents of all ages.

Minimum Bachelor's degree in Social Services, Gerontology, Human Services, Health Studies, Public Administration or related field. Advanced computer skills in Word, Excel, Power Point; exceptional

interpersonal, and oral and written communication skills. Minimum five years experience in related field at least one year of supervisory experience, valid Massachusetts's Driver's License. Competitive salary; exceptional benefit program; exciting opportunity to be in on the ground floor of a soon to be constructed state of the art facility.

Position descriptions available at Town Administrator's office, Human Services/COA office. Cover letter, and resume and / or Town of Natick application to: Personnel Director, Town of Natick, 13 East Central Street, Natick, MA. 01760 by **May 31, 2010** or email [rtranfaglia@natickma.org](mailto:rtranfaglia@natickma.org), or fax 508-647-6401 EOE

5/14

### **MCOA Briefs: Job Opportunity — Natick COA Volunteer Coordinator**

Part time (19) hours per week. Recruitment, orientation, training, placement, supervision of over 200 volunteers. Bachelor's degree or equivalent minimum two to three years managing volunteers.

Presentations, public contact, database management, and a valid Massachusetts's Driver's license.

Flexible schedule, starting at \$12.36 per hour. Does not include benefits.

Position descriptions available at Town Administrator's office, Human Services/COA office. Cover letter, and resume and / or Town of Natick application to: Personnel Director, Town of Natick, 13 East Central Street, Natick, MA. 01760 by **May 31, 2010** or email [rtranfaglia@natickma.org](mailto:rtranfaglia@natickma.org), or fax 508-647-6401 EOE

5/14

— ★ WORTH REPEATING ★ —

[ NB: Please re-send your submissions after 30 days ]

*We are collecting info on any cuts...*

**SAVE OUR Senior Centers Task Force:** Is actively tracking the impact the FY09 budget on senior centers and staffing. Please send updates and your concerns to Ruthann Dobek/Brookline — [Ruthann\\_Dobek@town.brookline.ma.us](mailto:Ruthann_Dobek@town.brookline.ma.us) and Jayne Colino/ Newton — [jcolino@newtonma.gov](mailto:jcolino@newtonma.gov) We also need a copy sent to [Peter@mcoonline.com](mailto:Peter@mcoonline.com)

### **MCOA Briefs: Member Inquiry — Board Member Liability Insurance ?**

I'm interested in getting board member liability insurance for the Friends of the Arlington Council on Aging. Do you have any idea how to approach this? Any idea of parameters and good companies to approach for this? Thank You – Art / Friends of the Arlington COA

Arthur Budnik — [agbud@msn.com](mailto:agbud@msn.com)

4/30

### **MCOA Briefs: Member Inquiry — Volunteer Coordinator job descriptions ?**

Looking for volunteer coordinator job descriptions and senior center emergency evacuation policies.

Please forward to Becky Moriarty, Executive Director, Hampden Senior Center, 104 Allen Street, Hampden, MA 01036 or fax to 413-566-2103 or email at [coa@hampden.org](mailto:coa@hampden.org) Thank you.

4/30