



Stanford Tomando Control de Su Salud

Master Training

Training Costs:

The standard tuition for the Stanford Master Training is \$1,500 for a health professional and \$800 for a lay person with a chronic disease. This amount covers training and materials, but does not include the licensing fee, traveling, and other costs. There is no fee for agencies who have signed an MOU with Elder Services of the Merrimack Valley. The training will be in **Boston**, specific location to be announced, soon.

Tomando Master Training Schedule:

Monday	March 14, 2011	9:00 am - 4:00 pm
Tuesday	March 15, 2011	9:00 am - 4:00 pm
Wednesday	March 16, 2011	9:00 am - 4:00 pm
Thursday	March 17, 2011	9:00 am - 4:00 pm
Friday	March 18, 2011	9:00 am - 12:30 pm

General Information: To become a Tomando Master Trainer, though you must be able to read, write and speak Spanish fluently. You must attend all 4.5 days of the training (you can't be late or leave early).

About Tomando Control de Su Salud: The Tomando Control de Su Salud is called *"Mi Vida, Mi Salud"* in the state of Massachusetts. The Tomando Program meets for two and one-half hours, once a week for 6 consecutive weeks. The program is offered at community sites throughout the state. Each class is co- lead by two trained leaders. Each organization offering Tomando must be licensed by Stanford in agreement with Massachusetts Department of Public Health.

Enclosed are the Criteria for Candidates and an Application & Agreement for you to complete, sign and return via email or fax at 978-794-7546 ATTN: Lauren Gray. If you have any questions, please contact Lauren at lgray@esmv.org or 978-946-1253. Thank-you!