

“Mi Vida, Mi Salud “

Criteria for Candidates: Tomando Control de Su Salud Master Training

March 14-18, 2011

The main role of the Tomando Master Trainer is to train Group Leaders to facilitate the *Tomando Control de Su Salud* workshop and to facilitate the Tomando workshop in the community. Candidates must be able to attend all four and a half days of training as well as speak, write and read Spanish fluently. They must have organizational support and an understanding of trainings and workshop commitment. Candidates are required to have a signed copy of the “University of Stanford License Agreement” for their sponsoring organization or agency.

Suggested pre-requisites:

- Is currently a Group Leader in Tomando, Chronic Disease Self-Management Program (CDSMP) and /or Diabetes Self-Management Program (DSMP)
- Has been a participant in Tomando, CDSMP and /or DSMP
- Has previous training experience in adult education
- Has group and/or leadership experience
- Has a chronic condition

To become a Master Trainer, candidate must:

- Attend all 4.5 days of the Tomando Master Training facilitated by two T-Trainers
- Sign and return the Agreement & Application to Elder Services of the Merrimack Valley

Master Trainers are expected to:

- Train for licensed organizations
- Must have led 2 workshops as a Leader, either before coming to the Master Training or within 1 year of completing Master Training, to be certified as a Master Trainer
- Facilitate one 4-day Leader training within 1 year of completing Master Training
- Lead a full four day Leader training at least once a year to remain certified
- Provide Stanford with an annual report listing the organizations for which they have trained leaders, including their own organization plus the cost/ reimbursement fee they charged, if applicable
- Monitor how well the leaders are following fidelity to the Tomando program