

Massachusetts Association of Older Americans, Inc.

And

Massachusetts Department of Mental Health

Present an Aging and Mental Health Conference

**Mental Health and Chronic Disease:
Staying Well**

July 15, 2010

8:45 AM to 3:30 PM

Registration begins at 8:00 AM

John Hancock Hotel and Conference Center
40 Trinity Place
Boston, MA 02116

Registration: Deadline is July 13, 2010

Name

Agency

Home Address

City

State

Zip Code

Phone

Email

Affiliation: MAOA DMH OTHER _____

CEUs: Check Box(es)

Social Worker Nurse Licensed Mental Health Counselor

License Number(s) _____

Fees: (Cost includes continental breakfast, lunch, conference materials & CEUs)

DMH/MAOA members*	\$ 5.00
Seniors/Retirees	\$25.00
All Others	\$45.00

*Organizational membership in MAOA entitles agency to THREE (3) \$5.00 registrations.

Not an MAOA member? Join today and receive the \$5.00 member registration rate for this conference:

Annual Membership Dues:

Seniors/Retirees	\$ 25.00
Other Individuals	\$ 50.00
Organizations	\$100.00

Mail, phone & fax registrations accepted. Please make checks payable to **MAOA** and return to:
MAOA

Attn: Boston MH Conference
19 Temple Place, 4th Floor
Boston, MA 02111
Tel: (617) 426-0804 / Fax: (617) 426-0070

or
Email registration form to Advocacy@MAOAMass.org

For questions please call MAOA at (617) 426-0804 or email at
Advocacy@MAOAMass.org

Keynote Address:

Healthy Eating for Brain Health

Dr. Emerson Lombardo has worked for over 25 years in the fields of Alzheimer's disease and services for older adults. She holds a doctoral degree from Yale University and is an Adjunct Research Assistant Professor at Boston University School of Medicine, Department of Neurology. She is a founder of both the national Alzheimer's Association and Alzheimer's Disease International. Her most recent effort is the development of the Memory Preservation Nutrition® program, an evidence-based nutritional program for helping people reduce their own risk of Alzheimer's disease, and to slow progression and improve the lives of persons who are living with Alzheimer's. She is a popular speaker locally and internationally, and President of Health Care Insights, LLC.

Plenary sessions to include:

HIV and Aging in the World of Mental Health

Jim Campbell is President and Founder of New England Association on HIV Over Fifty (NEAHOF). He has been an HIV/AIDS activist since 1992 and has presented at the International AIDS Conference in Durban, South Africa (2000), and at the Care and Community Conference in Chiang Mai, Thailand (2002). At the International Conference on AIDS in Barcelona, Spain (2002), Jim presented on building relationships between Age Service Organizations and traditional service providers serving aging populations. As President of the National Association on HIV Over Fifty (NAHOF), he had the privilege of contributing to The United Nations Position Paper on Aging for the Second World Assembly on Aging in Madrid, Spain and was successful in getting HIV/AIDS language into the Position Paper on Aging.

Diabetes, Depression and Mental Health

Karen S. Kaufman, MS, CCN is a Phi Beta Kappa graduate of Skidmore College and received her Masters of Science in Human Nutrition from the University of New Haven. Karen has a special interest in integrative health and wellness. She pursued this career path after developing lupus in 1990. She enjoys helping people with chronic diseases make lifestyle changes that can significantly improve their quality of life and their prognosis. Karen has published numerous articles and lectures on various nutritional topics. She serves as Treasurer of the Board for the Lupus Foundation of New England, Inc., and also serves on the Education and Outreach Committee.

Positive Aging: Positive Attitude

Jeanne Martin, MSW, MTS, Ed.D., has extensive teaching experience, which includes currently working as a faculty member at the Simmons Graduate School of Social Work, providing various workshops on a variety of elder-friendly topics, writing and editing curriculum, conducting staff trainings, and providing consultant services to several organizations. Prior to her current activities, she also worked as the Wellness Coordinator at Kit Clark Senior Services in Boston, a Prevention Specialist for the Center for Healthy Communities at Mount Auburn Hospital in Cambridge, as a social worker, and an alcoholism counselor.

Conference Objectives:

- 1). To increase participants' knowledge of the evidence for nutrition related to promoting and enhancing brain health.
- 2). To increase participants' awareness of the scope of HIV in elders and the special considerations for physical and mental health in this aging population.
- 3). To increase participants' knowledge of the impact of diabetes on mental health.
- 4). Participants' will be able to describe 2 strategies for elder health promotion and be able to list 6 components of healthy aging.

Directions to the John Hancock Hotel and Conference Center:

By MBTA:

Back Bay Station- Orange Line or Commuter Rail. Turn right on Dartmouth Street. Make first right onto Stuart Street. Make first right onto Trinity Place. The John Hancock Conference Center is on the left.

Copley Station- Green Line. Walk diagonally across Copley Square towards Trinity Church. Walk between Copley Plaza Hotel and John Hancock Tower onto Trinity Place. The Conference Center is one block down on left.

By Vehicle: Please call (617) 973-FIND for recorded directions to the John Hancock Hotel and Conference Center at 40 Trinity Place, Boston.

You can also visit the following link for directions: <http://www.jhcenter.com/location.htm>