

Healthy Eating for Successful Living

**SPACE IS
LIMITED!**

**For More Infor-
mation or to
Register , call:
617-363-8319**



Healthy Eating is a workshop for people who want to feel and look better by making small changes to the foods they eat and the exercise they do.

Workshops meet once a week for six weeks, starting

Monday, July 12 from 1:00-3:30 p.m.

At Hebrew SeniorLife, Boston

