

TUFTS  Health Plan
FOUNDATION



Dear Friend,

I am pleased to present the [Tufts Health Plan Foundation's 2009 Annual Report, Healthy Aging](#).

During the past year, the Foundation launched its Healthy Aging initiative, a strategy designed to help older adults live longer, healthier lives.

I hope you'll read about the significant strides we made during the past year in supporting and developing effective programs that elevate the physical and mental well-being of older adults.

vision We thank you for your continued support and interest in helping us realize the vision of a community that values healthy and productive aging.

Sincerely,

David Abelman
Executive Director

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