

Massachusetts Association of Older Americans, Inc.

And

Massachusetts Department of Mental Health

Present an Aging and Mental Health Conference

**Aging in the New Age:
Mental Wellness in the Era of the Boomers**

In partnership with:

Dalton Council on Aging

Elder Services of Berkshire County, Inc.

The Brien Center for Mental Health & Substance Abuse Services

EPOCH Assistant Living at Melbourne

June 18, 2010

8:45 AM to 3:45 PM

Registration begins at 8:00 AM

Crowne Plaza

1 West Street

Pittsfield, MA 01201



Registration: Deadline is June 15, 2010

Name

Agency

Home Address

City

State

Zip Code

Phone

Email

Affiliation: MAOA DMH OTHER _____

CEUs: Check Box(es)

Social Worker Nurse Licensed Mental Health Counselor

License Number(s) _____

Fees: (Cost includes continental breakfast, lunch, conference materials & CEUs)

DMH/MAOA members*	\$ 5.00
Seniors/Retirees	\$25.00
All Others	\$45.00

*Organizational membership in MAOA entitles agency to THREE (3) \$5.00 registrations.

Not an MAOA member? Join today and receive the \$5.00 member registration rate for this conference:

Annual Membership Dues:

Seniors/Retirees	\$ 25.00
Other Individuals	\$ 50.00
Organizations	\$100.00

Mail, phone & fax registrations accepted. Please make checks payable to **MAOA** and return to:
MAOA

Attn: Pittsfield MH Conference
19 Temple Place, 4th Floor
Boston, MA 02111
Tel: (617) 426-0804 / Fax: (617) 426-0070

or
Email registration form to Advocacy@MAOAMass.org

For questions please call MAOA at (617) 426-0804 or email at
Advocacy@MAOAMass.org

Keynote Address:

Mental Health and Aging: Does the Future Hold Promise or Peril

Sumer Verma, MD, is Medical Director of the Alzheimer Unit at Briarwood Healthcare Nursing Center, Needham, MA. He is also a Lecturer in Psychiatry at Harvard Medical School and Associate Clinical Professor in the Department of Psychiatry at Boston University School of Medicine. An internationally known clinician and teacher, he also has a strong interest in geriatric mental health policy and advocacy.

Plenary Presentations:

Baby Boomers, Seniors, and Substance Abuse

Jennifer Michaels, MD, is Medical Director of the Brien Center, Berkshire County's largest community mental health program. She is an Assistant Professor of Psychiatry at the University of Massachusetts Medical School and dual board certified in general psychiatry and addiction psychiatry. Dr. Michaels is a frequent guest on National Public Radio, and is a committed community educator on topics related to mental health.

LGBT Aging 101: What You Need to Know to Maximize Mental Health for Lesbian, Gay, Bisexual and Transgender Older Adults and Caregivers.

Lisa Krinski, LICSW, is Director of the LGBT Aging Project in Boston. She developed and leads the Aging Project's Open Door Program, which enhances aging service providers' capacity to be welcoming to LGBT elders and caregivers. Lisa frequently consults with mainstream aging service providers about cultural competency with LGBT elders. She also presents nationally on policy and practice issues facing LGBT elders and caregivers.

Understanding and Preventing Elder Suicide

Norman Zinger, LICSW is Director of St. Anne's Center for Behavioral Health Medicine. Mr. Zinger is a licensed social worker and received his M.S.W. degree from West Virginia University. Mr. Zinger's professional work experience includes management of psychiatric inpatient and outpatient services; development of treatment programs and evaluation of their outcomes; and provision of training and supervision for program managers and clinical staff.

Creating New Friendships and Dealing with Loss as We Age

Rabbi Carol Mitchell is Jewish Chaplain for Life Choice Hospice, serving patients and their families in eastern Massachusetts. She serves on CJP's Senior Services Committee and served on the board of Jewish Family Service of MetroWest where she worked with elders in assisted living communities and nursing homes. In addition to her ordination, Rabbi Mitchell holds a B.A. degree in Economics from New York University and an M.A. in Economics and Education from Columbia University.

Conference Objectives:

1. To increase participants' knowledge of the changing age demographics and the potential psychosocial needs of this population in 10-15 years.
2. To increase participants' awareness of substance abuse trends in the baby boomer population and age specific treatment recommendations.
3. To increase participants' understanding of the loss and changes in friendships older adults experience, new ways to create friendships of support and spiritual ideas for coping.
4. To better identify unique life experiences and issues facing LGBT elders and caregivers and their impact on mental health.
5. To increase participants' understanding of suicide prevention among older adults.

Directions to Crowne Plaza

From Boston/Worcester: I-90 West to Exit 2. Turn right on to Rte.20 West to Rte. 7 North into the center of Pittsfield. At the fork in the road, just at the rotary circle, make a left onto West Street. The Crowne Plaza Hotel is on the left.

From Albany: Take I 87 South to I-90 East to Exit 11E, Rte. 20 East, to Pittsfield. Once in the center of Pittsfield, make a left onto Rte. 7 North. At the fork in to road, just at the rotary circle, make a left onto West Street. The Crowne Plaza Hotel is on the left.

From Vermont: Rte. 7 South to the center of Pittsfield. Make a right onto East Street, go ½ way around the rotary circle and straighten out on to West Street. The Crowne Plaza Hotel is on the left.

