



McLean Hospital a Harvard Medical School affiliate
115 Mill Street, Belmont, MA 02478 617-855-2000

Changes in the Brain as We Age - Normal Changes and Dementias

Open to all.

Monday, May 10, 1:00 p.m.

Goddard House in Brookline, 165 Chestnut Street, Brookline, MA 02445

RSVP to 617-731-8500

Directions at www.goddardhouse.org

James M. Ellison, MD, MPH, Clinical Director of the Geriatric Psychiatry Program at McLean Hospital will address treatment options for memory loss as well as approaches we can use on our own to stay cognitively sharp. Licensed Mental Health Counselor, Elaine Hawkes, will discuss the needs of family caregivers of patients w/ Alzheimer's disease & other chronic illnesses. She will cover stress and how to manage it, difficult behaviors and give us all tips to help our friends and family members who are currently caregivers. Applicable resources & readings will be made available to attendees.