

## **Tufts Health Plan Foundation Announces Grantmaking Focus on Healthy Aging**

Deadline: February 26, 2009 (Letter of Inquiry)

The mission of the Tufts Health Plan Foundation ( <http://www.tuftshealthplanfoundation.org/> ) is to promote healthy lifestyles and the delivery of quality health care in Massachusetts and Rhode Island. Beginning in 2009, the foundation will start funding programs that focus on improving the lives of people age 60 and older.

The foundation will make grants in three program areas. Vibrant Lifestyles grants will support programs that provide exercise, nutrition, transportation, social engagement, and other activities that improve quality of life for older people. Inter-generational Activities grants will support programs that bring together youth and older adults through mentoring, tutoring, fitness, health, civic engagement, transportation, or other activities. Keeping Our Seniors Safe grants will support programs that address fall prevention, elder abuse and neglect prevention, and other community safety issues.

The foundation does not set a minimum or maximum dollar amount for grants. Applicants should request the amount they need for their programs and outline the expenditures for that amount accordingly in their grant proposals.

Applicants must be tax-exempt 501(c)(3) organizations or accredited colleges/universities based in or primarily serving Massachusetts and/or Rhode Island.

Visit the Tufts Health Plan Foundation Web site for complete grant guidelines, eligibility quiz, and application forms.

RFP Link:

<http://fconline.foundationcenter.org/pnd/15016902/tuftshealth>

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