

Good News For Seniors **Help is Available to Beat the High Cost of Food** **(Income Guidelines updated 4/1/2009)**

If you are a low-income senior (age 60 or over), you may now qualify for food assistance through the SNAP/Food Stamp Program, even if you own a home or a car or have savings. Thanks to changes to the SNAP/Food Stamp Program, there is no asset limit for seniors whose incomes fall within certain guidelines (income from those assets may be counted); and other program improvements have increased benefits for thousands of households. **(Seniors whose incomes fall above the guidelines may still be eligible, but their assets will be considered).**

New Asset Rules for Senior/Disabled Households

Household Size	Monthly Gross Income	Assets
1	Below \$1,805	No Asset Limit
2	Below \$2,429	No Asset Limit

SNAP eligibility is based on income and certain expenses. To find out if you are eligible, call Project Bread's **FoodSource Hotline at 1-800-645-8333**.

- You will speak to a counselor (not a machine).
- The counselor will explain the SNAP/Food Stamp requirements and help you maximize your benefits by identifying medical and other deductions.
- Counselors can estimate your eligibility in just a few minutes.
- All calls are confidential.

You apply for SNAP/Food Stamps at your local Department of Transitional Assistance (DTA), but you are not required to apply in person. You can apply by mail or online and you can indicate your preference for a telephone interview. You can also mail or fax the documents that your worker requests.

FoodSource Hotline

1-800-645-8333

Monday - Friday: 8:00 A.M. to 7:00 P.M.

Saturday: 10 A.M. to 2 P.M.

Call today!