

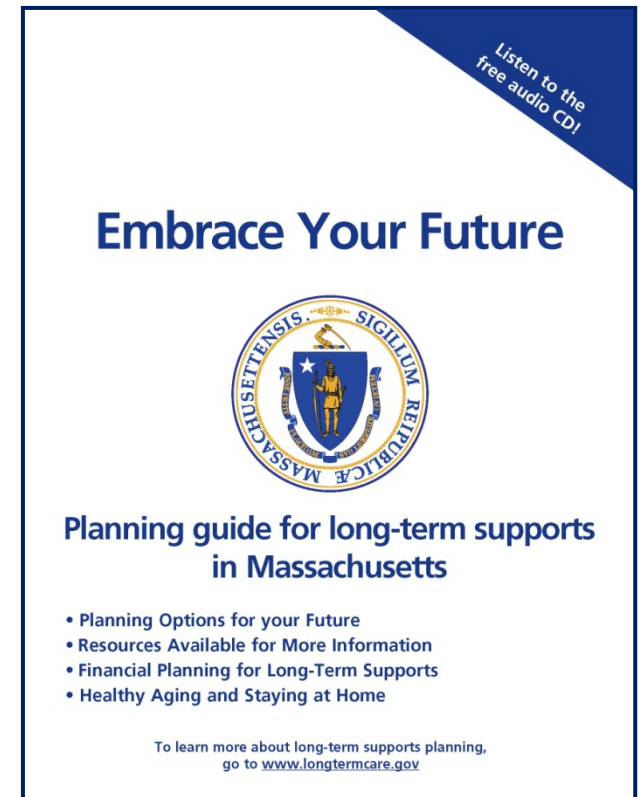
Embrace Your Future!

If you have not done so already, it is time to embrace your future and plan for a long life! Massachusetts is partnering with the U.S. Department of Health and Human Services to offer you a free 44-page Massachusetts specific guide that explains how to get started planning for long-term living.

Call today and request your free “Embrace Your Future” long-term care planning guide. To order, simply call **1-866-PLAN-LTC** (1-866-752-6582). Or to order online, visit www.longtermcare.gov/campaign/ma.


For a Spanish or text-only version of the planning guide, please visit www.800ageinfo.com.

Order or download this FREE Massachusetts specific information & planning guide today!



Listen to the free audio CD!

Embrace Your Future



Planning guide for long-term supports in Massachusetts

- Planning Options for your Future
- Resources Available for More Information
- Financial Planning for Long-Term Supports
- Healthy Aging and Staying at Home

To learn more about long-term supports planning, go to www.longtermcare.gov