

Centers for Disease Control — CDC Public Health and Aging Listserv Announcement  
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## **I. Resources and Reports**

### **Older Population in the United States: 2007 and 2008**

A series of detailed tables with data on a wide range of demographic and socioeconomic characteristics of people 55 and older has been made available by the U.S. Census Bureau. Topics covered include marital status, educational attainment, nativity and citizenship status, labor force and employment status, occupation, earnings, poverty and housing tenure. The data, collected by the Current Population Survey, pertain to the non-institutionalized population and are shown for selected age groups. To view the tables, please visit: [http://www.census.gov/population/www/socdemo/age/age\\_sex\\_older.html](http://www.census.gov/population/www/socdemo/age/age_sex_older.html)

### **Caring for a Person with Alzheimer's Disease: Your Easy-to-Use Guide from the National Institute on Aging**

This document is now available free from NIA's Alzheimer's Disease Education and Referral (ADEAR) Center. This easy-to-read, 136-page handbook helps family members and others learn about and cope with the daily changes and challenges of caring for someone with Alzheimer's disease. The comprehensive guide provides helpful tips and advice on topics including helping family members and others understand Alzheimer's Disease; health, safety, legal, and financial issues; daily care and adapted activities; caring for the caretaker; medical issues and medication use; getting help and finding long-term care; coping with the last stages of Alzheimer's Disease; and participating in clinical trials. To view, download, or order free copies of *Caring for a Person with Alzheimer's Disease*, visit <http://www.nia.nih.gov/Alzheimers/Publications/CaringAD> or call the ADEAR Center toll-free at 1-800-438-4380. Bulk quantities (25 or more) may be ordered by visiting [www.niapublications.org/adearorder/bulk.asp](http://www.niapublications.org/adearorder/bulk.asp).

### **New LGBT Information Site Launched**

The American Society on Aging has created a Lesbian, Gay, Bisexual, and Transgender (LGBT) Aging Resources Clearinghouse that holds information related to and resources for people aged 50 and older. The site's searchable resources span several categories: education and training; health and mental health; housing and support services; populations and communities; and public policy, advocacy, and legal issues. Also available are annotated listings for service providers, community and professional organizations, information sites, reports and articles, and links for ordering DVDs, books, and other useful products. This new resource is located at [www.asaging.org/larc](http://www.asaging.org/larc)

### **NIH Senior Health Exercise Stories**

People of all ages and physical conditions benefit from exercise and physical activity. Read stories featuring older adults and the activities they enjoy. Those aged 60 and older who exercise regularly may also submit their stories to be featured on the site. For these inspirational stories and to submit stories yourself, please see: <http://nihseniorhealth.gov/stories/stories.html>

### **Promoting Cognitive Health in Diverse Populations of Older Adults**

*The Gerontologist* has released a special issue, entitled "Promoting Cognitive Health in Diverse Populations of Older Adults." Cognitive health is a major factor in ensuring the quality of life of older adults and preserving their independence. To explore how diverse older adults think about "cognitive health and cognitive decline," the Healthy Aging Research Network, a group of nine universities supported by the Centers for Disease Prevention and Control (CDC) Healthy Aging Program, conducted a series of group interviews across the United States. This research, identified in *The Healthy Brain*

*Initiative: A National Public Health Road Map to Maintaining Cognitive Health* ([www.cdc.gov/aging](http://www.cdc.gov/aging)) as a priority area, was designed to gain insights into how people view cognitive health and how to maintain it. The findings will be used to further the development of effective public health messages to promote cognitive health in older adults across the nation. Between 2005 and 2007, 55 focus groups with over 450 participants from nine states were conducted. The diverse participants included older adults (some of whom were experiencing cognitive impairment), and individuals caring for family or friends experiencing cognitive impairment, healthcare providers, residents of rural and urban areas, speakers of English, Spanish, Mandarin, Cantonese, and Vietnamese, African Americans, American Indians, Asian Americans, Hispanics, and non-Hispanic whites. Several key themes emerged from the focus groups. Abstracts are free to the public. To access the articles, however, requires that you or your organization subscribes to *The Gerontologist* journal. To view the abstracts and articles of this special issue, please see: <http://gerontologist.oxfordjournals.org/content/vol49/issueS1/index.dtl>

### **Caring Times**

*Caring Times* is a newsletter that addresses the concerns of family Caregivers of older adults and people living with a disability. The newsletter, which is published four times a year, contains informative articles and resources that can be accessed on line. To view the latest edition or subscribe to the newsletter, visit [www.caringtimes.org](http://www.caringtimes.org).

## **II. Articles**

### **47,000 Older Adults Treated in Emergency Departments Annually for Fall Injuries Related to Walkers and Canes**

(CDC Injury Center Press Release, June 29, 2009)  
<http://www.cdc.gov/media/pressrel/2009/r090629.htm>

### **Those Achy Joints Could Be Osteoarthritis**

(By Brenda Wilson, National Public Radio, July 6, 2009)  
<http://www.npr.org/templates/story/story.php?storyId=105899932>

### **When Does Old Age Begin?**

(By Emily Brandon, U.S. News and World Report, July 2, 2009)  
<http://www.usnews.com/blogs/planning-to-retire/2009/07/02/when-does-old-age-begin.html>

### **Growing Old in America: Expectations vs. Reality**

(By Anonymous, Pew Research Center, June 29, 2009)  
<http://pewsocialtrends.org/pubs/736/getting-old-in-america>

### **As seniors live longer they find 'love expectancy' also grows**

(By Frank Greve, McClatchy Newspapers via The State, June 25, 2009)  
<http://www.thestate.com/news-extras/story/841061.html>

### **Today's Research on Aging: Social Support, Networks, and Happiness**

(By the Population Reference Bureau, June 2009)  
<http://www.prb.org/pdf09/TodaysResearchAging17.pdf>

### **Aging: Remaining Socially Active Aids Motor Skills**

(By Eric Nagourney, The New York Times, June 29, 2009)  
<http://www.nytimes.com/2009/06/30/health/research/30agin.html>

### **On The Road Again: Specialists Help Aging Drivers**

(By Joseph Shapiro, National Public Radio, July 6, 2009)  
<http://www.npr.org/templates/story/story.php?storyId=106158069>

### **BOOMERS: Older job seekers struggle to overcome age barrier**

(By Christopher S. Rugabear, Associated Press via delmarvanow.com, July 2, 2009)  
<http://tinyurl.com/nljwcj>

### **Experts expect surge in cancer diagnosis as boomers age**

(Anonymous, The Lowell Sun, June 29, 2009)

[http://www.lowellsun.com/lifestyles/ci\\_12712153](http://www.lowellsun.com/lifestyles/ci_12712153)

### **Aerobic activity may keep the brain young**

(By Les Lang, University of North Carolina Press Release, June 29, 2009)

<http://www.unchealthcare.org/site/newsroom/news/2009/June/bullitt>

### **'Frequent Fliers' Add Billions to Hospital Bills**

(By Joanne Kenan, Kaiser Health News via The Washington Post, June 30, 2009)

<http://www.washingtonpost.com/wp-dyn/content/article/2009/06/29/AR2009062903134.html>

### **A slow-burning fuse**

(By Anonymous, The Economist, June 25, 2009)

[http://www.economist.com/specialreports/displayStory.cfm?story\\_id=13888045](http://www.economist.com/specialreports/displayStory.cfm?story_id=13888045)

## **III. Conference and Event Announcements**

### **Promoting Environmental and Policy Change to Support Healthy Aging**

*Date: September 15-16, 2009*

*Location: Chapel Hill, North Carolina*

A growing body of research points to the influence of the broader environment upon the health and health behaviors of older adults, but activity to promote environmental and policy change to support healthy aging is limited. This conference will serve as a catalyst for increased activity in environmental and policy change by stimulating discussion and equipping attendees with the background and tools to facilitate their work. It will feature the challenges amenable to environmental and policy change; the evidence that supports specific approaches and their outcomes; and promising strategies for practice. Practitioners and academicians in public health, aging services and healthcare; business, planning, engineering, and recreation professionals, and advocates for livable communities may be especially interested.

Registration is now open. To learn more, please see: <http://prc-hanconferences.com/2009-conference>

### **25<sup>th</sup> Annual Home and Community Based Services Conference**

*Conference Date: September 20-23, 2009*

*Location: Denver, Colorado*

The National Association of State Units on Aging (NASUA), Colorado Division of Aging and Adult Services together with a dynamic national planning committee will host the 25<sup>th</sup> Annual Home and Community Based Services Conference. Participants will hear about national trends, federal initiatives, state policy directions, and local promising practices. Colorado, the host state, will highlight state and local models of home and community based services. If you have an interest in home and community based service programs for all ages and abilities, then this conference may be helpful. Join administrators and planners; federal, state and local government; for-profit, non-profit, health and long term care organizations; policymakers, researchers, and educators; community planners, housing, and transportation experts; public health and social service providers who work with older adults, children and individuals with disabilities of all ages. To learn more and to register, please see:

<http://www.nasua.org/#servicescon>

### **American Society on Aging's 2009 Regional Conferences on Aging**

*West Coast Conference Date: September 8-11, 2009*

*West Coast Conference Location: Oakland, California*

*East Coast Conference Date: September 21-24, 2009*

*East Coast Conference Location: Philadelphia, Pennsylvania*

The American Society on Aging's regional Conferences on Aging offer cutting-edge programs and continuing education for professionals who work with older adults and their families. They are designed to help you stretch your education and training budget. Since you pay for only the courses you attend, you can select individual courses that match your learning needs, your schedule and your budget. Attend half-

day or full-day programs, or create a multi-day program to fit your needs. CEU credits are available. To learn more and register, go to <http://www.asaging.org/CoA09/>

### **Celebrating Poets over 70: Call for Poems**

Tower Poetry Society and the McMaster Centre for Gerontological Studies are soliciting poems written after the age of 70. Selected poems will be published in a jointly sponsored anthology. "Celebrating Poets over 70" will be the tenth volume in the Writing Down Our Years series published by MCGS. A maximum of four typed poems may be submitted. Individuals with poems selected will receive a free copy of the anthology. Send poems and a 50-word biography by email to Ellen Ryan ([ryaneb@mcmaster.ca](mailto:ryaneb@mcmaster.ca)) or by mail to:

"Celebrating Poets over 70", Tower Poetry Society, c/o McMaster University,  
1280 Main St. W., Box 1021, Hamilton, Ontario L8S 1C0.

*Deadline:* November 15, 2009

## **IV. Funding Opportunities**

### **Opportunity Grants for Healthy Aging**

The National Association of Chronic Disease Directors (NACDD), with support from the Centers for Disease Control and Prevention (CDC), announces the availability of funds for state health departments to improve the health of older adults through state-level public health action. Funded projects will be cross-cutting in nature and will draw upon the respective strengths, expertise, and resources of multiple public health programs and the aging services network. Projects will be funded to develop state health department readiness for action around healthy aging.

*Deadline:* July 8, 2009

<http://tinyurl.com/obxmbk>

### **Building Healthy Communities for Active Aging 2009 Award**

The Environmental Protection Agency is recognizing communities for their outstanding comprehensive approaches to implementing principles of smart growth, as well as strategies that support active aging with the Building Healthy Communities for Active Aging Award. This award will be presented to communities with the best and most inclusive overall approach to implementing smart growth and active aging on a variety of fronts, at the neighborhood, tribe, city, county, and/or regional level.

*Deadline:* July 17, 2009

<http://www.epa.gov/aging/bhc/awards/>

### **Lifespan Respite Care Programs**

The Administration on Aging (AOA) announces the availability of \$2.5 million to provide family caregivers with more opportunities to receive much-needed short-term, temporary relief from providing care for their loved ones. These projects will enable states to establish, enhance or expand Lifespan Respite Care systems, including new and planned emergency respite services, training and recruitment of respite workers and volunteers and assist caregivers with gaining access to needed services in their communities.

*Deadline:* July 29, 2009

<http://www.aoa.gov/AoARoot/Grants/Funding/index.aspx>

### **Robert Wood Johnson Foundation Health & Society Scholars**

The Robert Wood Johnson Foundation Health & Society Scholars program provides two years of support to postdoctoral scholars at all stages of their careers to build the nation's capacity for research and leadership to address the multiple determinants of population health and contribute to policy change. The program is based on the principle that progress in the field of population health depends upon multidisciplinary collaboration and exchange. Its goal is to improve health by training scholars to: 1) investigate the connections among biological, genetic, behavioral, environmental, economic and social

determinants of health; and 2) develop, evaluate and disseminate knowledge and interventions that integrate and act on these determinants to improve health.

*Deadline: October 2, 2009*

<http://www.rwjf.org/applications/solicited/cfp.jsp?ID=20741>

### **Hartford Doctoral Fellows Program**

The Hartford Doctoral Fellows Program, administered by GSA, is accepting applications. This component of the nationwide Geriatric Social Work Initiative provides students with substantial financial support and professional development, prepares fellows for tenure track faculty positions at major universities, and offers the opportunity to become leaders in an elite network of scholars. Grants of \$25,000 a year for up to two years are available for students writing dissertations in the gerontological or geriatric social work fields.

*Deadline: August 1, 2009*

<http://www.gswi.org/programs/hdf.html#aboutdoc>

### **Geriatricians Eligible for Loan Forgiveness**

Geriatricians, geriatric psychiatrists, and geriatric dentists are now eligible for loan repayment through the National Health Service Corps (NHSC) Loan Repayment Program, which is funded by \$200 million of American Recovery and Reinvestment Act funds. The NHSC Loan Repayment Program provides \$50,000 (or the outstanding balance of qualifying student loans if it is less than \$50,000), tax free, to primary care medical, dental, and mental health clinicians in exchange for two years of service at an approved site in an area with a shortage of health professionals. Upon completion of the service commitment, clinicians may be eligible to apply for additional support for extended service.

*Deadline: September 30, 2010 or until funds are expended*

<http://nhsc.hrsa.gov/loanrepayment>

### **Kidney Research Grants Issued**

The National Institute on Aging (NIA) and the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) have issued a funding opportunity announcement for applications that propose basic, clinical, and translational research on chronic kidney disease (CKD) and its consequences in aging and in older persons. Investigators should focus on the biology and pathophysiology of CKD in animal models; etiology and pathophysiology of CKD in the elderly; epidemiology and risk factors for the development of CKD with advancing age; and/or diagnosis, medical management and clinical outcomes of CKD in this population. Research supported by this initiative should enhance knowledge of CKD and its consequences in the elderly and provide evidence-based guidance in the diagnosis, prevention, and treatment of CKD in older persons. Applications for this funding opportunity are accepted on an ongoing basis

*Deadline: ongoing*

<http://grants.nih.gov/grants/guide/pa-files/PA-09-165.html>

Thanks,  
Stephanie  
CDC

[www.cdc.gov/aging](http://www.cdc.gov/aging)

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