

FOR IMMEDIATE RELEASE

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**Announcing the Next
Shelburne Falls Conversation Café – Serving Up Food for Thought**

*Comfortable surroundings for talking with neighbors about things that matter.
No formal experience required; real life experience desired.*

On Saturday, December 10, 2011 from 10 a.m. to noon, in collaboration with Mocha Maya's Coffee House and Espresso Bar, the Shelburne Senior Center is hosting another "Conversation Café." Everyone is welcome to this unique opportunity to sip really good coffee, share a bagel or muffin, and talk about things that matter.

The Café is entertaining, but it's also educational. But it is not a conference or a class or a lecture. There are no prerequisites and no quizzes. Participation is free. No reservation required. It is about extraordinary conversations in ordinary places. It enriches our lives by introducing new ideas and challenging us to broaden our perspective.

The topic will be **"After the Flood: Finding Hope in a Time of Uncertainty"** Hurricane Irene - and then the blizzard - left many feeling disoriented, stressed, even traumatized. These storms seemed to echo the economic and social upheaval all around us. Many feel isolated and powerless in the midst of so much loss and uncertainty. Where do we turn for meaning and hope in such a landscape? One writer has described our situation as living somewhere between a death and a difficult new birth. Is it possible to discern the contours of "a world to come, conceived in our present labor and pain"? Don't miss this chance to share stories, questions, insights, dreams – or simply to offer support to one another.

The Center is located at 7 Main Street, Shelburne Falls. For more information, contact Jamie Godfrey at 413.625.2502.