

Aging with Dignity XVI

A Conference on
Preventing and Responding to Substance Use and
Related Problems in
Older Adults

June 8, 2011

College of the Holy Cross
Hogan Campus Center
One College Street
Worcester, MA

Conference Agenda—June 8

8:15 am - Registration and Continental Breakfast

9:00

Welcoming Remarks

Michael Botticelli, MEd, Director, Bureau of

Substance Abuse Services, Massachusetts Department of Public Health (MDPH)

Ruth Grabel, MPA, Coordinator, MA Partnership on Substance Use in Older Adults, Healthy Aging and Disability Unit, MDPH

David Stevens, BA, Director, MA Association of Councils on Aging and Senior Center Directors

9:15

Alcohol and Drug Habits of Older Adults: The Geriatrician's View

Alan Abrams, MD, Medical Director, Evercare, New England; Director, Geriatric Fellowship Program, Beth Israel Deaconess Medical Center/Harvard Medical School

10:30 - Break

10:45 - Morning Workshops (A—E)

12:15 - Lunch

1:00

Working with the Get Connected Toolkit

Anita Albright, MA, Director, Healthy Aging and Disability Unit, MDPH

1:15

Health Literacy: A Prescription to End Confusion.

Daniel Oates, MD, MSc, Assistant Professor of Medicine, Boston University School of Medicine, Geriatric Section

2:15 - Break

2:30 - Afternoon Workshops (F—K)

4:00 pm - Adjourn/Evaluations/CE Distribution

Morning Workshops 10:45 am

A. What's an SBIRT? Identifying and Helping Older Adults with Unhealthy Alcohol and Other Drug Use

Lee Ellenberg, LICSW; Erica Tamlyn, MSW
MASBIRT Program, Boston Medical Center

B. Using Financial Education to Prevent Problems in the Golden Years

Marlene Warner, MA
Massachusetts Council on Compulsive Gambling

C. A Team Approach to Hoarding

Magdaly Martinez, BA, Holyoke COA
Dorothy Blain-Hamel, BS, Holyoke COA
Gary Wagner, AA, Holyoke Police Department
Daniel Bresnahan, BS, Holyoke Board of Health
Jordan Lemieux, Holyoke Fire Department

D. Symptoms of Sobriety and Relapse Prevention

Benjamin Cluff, MPA, LADCI, CADAC
Massachusetts Department of Public Health

E. Keeping Elder Drivers Safe: Learn How to Report an Unsafe Driver and Understand the Effects of Alcohol and Medications on Driving

Michele Ellicks, BS
Massachusetts Registry of Motor Vehicles

Afternoon Workshops 2:30 pm

F. Illicit Drug Use by Older Adults: Health Risks, Problems, and Interventions

Donna White, PhD, RN, CADAC-II
Lemuel Shattuck Hospital

G. It's Never Too Late to Quit Smoking: Supporting Behavior Change

Janet Smeltz, MEd, LADC-I, CTTS-M
Institute for Health and Recovery

H. Substance Abuse and Mental Health Resources: Only a Phone Call Away

Jennifer Toth, BS
Health Resources in Action
Gary Lever, ME
Mass 211

I. How Service Providers Can Support Elders with Substance Abuse Problems in Public and Assisted Housing

Ann Anderson, MA
Principal, ADA Housing and Services Consulting

J. Optimizing Medication Safety in the Elderly

Anna K. Morin, PharmD, RPh
Massachusetts College of Pharmacy and Health
Sciences

K. Understanding Veteran's Health Benefits: Including Mental Health and Substance Abuse

Kevin Lambert, Survivor Corps Peer Support
Training Certificate
Massachusetts Department of Veterans Services

Fees and Deadlines

Registration can be done by mail or on-line. If you would like to register on-line, please visit www.adcare-educational.org. The non-refundable **\$45** per person fee pays for registration, CE (Continuing Education), continental breakfast and lunch. Pre-registration is required. The deadline for registration and payment is **June 1, 2011**. If you register and do not attend, you are still responsible for the fee.

There are a limited number of **scholarship opportunities** available. For an application contact Jennifer Fahey at AdCare. Applications must be received by **May 18, 2011**.

Conference Sponsors

The Massachusetts Department of Public Health, Bureau of Substance Abuse Services, Bureau of Community Health and Prevention, Healthy Aging and Disability Unit;
The Massachusetts Partnership on Substance Use in Older Adults: A Resource Network on Prevention and Addiction;
The Massachusetts Executive Office of Elder Affairs;
The Massachusetts Association of Councils on Aging and Senior Center Directors;
Mass Home Care;
AdCare Educational Institute, Inc.

Continuing Education

Continuing Education has been applied for:
CAC/CADAC, LADC-I and II, LADC Assistants, CAS, RN/LPN, SW, LMHC's, and Nursing Home Administrators. For Nursing Home Administrator CEUs, please contact AdCare Educational Institute, Inc. to be sure an authorization number has been secured.

AdCare Educational Institute, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. AdCare Educational Institute, Inc. maintains responsibility for this program and its content.

Special Accommodations

If you are deaf or hard of hearing, or a person with a disability who requires accommodations, please contact Jennifer Fahey at AdCare Educational Institute at (508) 752-7313, TTY (508) 754-0039 or e-mail jadoros@aol.com by 5/11/11.



Directions

College of the Holy Cross
Hogan Campus Center
One College Street, Worcester
(508) 793-2011

From the East and West: Take the Mass Pike (Rte 90) to Exit 10 (Rte 290 E). Take Exit 11 (College Square/Southbridge St) off of Rte 290. Cross over to the right lane immediately after coming off the ramp. Take the first right (before the traffic light) onto College St. Go up the hill and enter the last gate on the left, Gate 7. The Hogan Center is the second building on the left.

From the Southeast: Take 495N to the Mass Pike (Rte. 90) to Exit 10 (Rte 290 E). Take Exit 11 (College Square/Southbridge St) off of Rte 290. (continue with directions above)

From the North: Take 495S to 290 West—Take Exit 11 (College Square/Southbridge St.). Bear left coming off the ramp. Take the first right (before the traffic light) onto College Street. Go up the hill and enter the last gate on the left, Gate 7. The Hogan Center is the second building on the left.

Registration Form

Aging with Dignity Conference

Wednesday, June 8, 2011

Registration Deadline: June 1, 2011

Registration Fee: \$45

To register on-line, please go to www.adcare-educational.org or to register by mail, please complete this form (or a photocopy), detach and mail it with your non-refundable check for **\$45** payable to:

**AdCare Educational Institute, Inc.
5 Northampton St.
Worcester, MA 01605**

Name: _____

Organization: _____

Address: _____

City/State/Zip: _____

Telephone: _____

Fax: _____

E-mail: _____

WORKSHOP SELECTION

Morning Session A-E

Afternoon Session F-K

1st Choice _____

1st Choice _____

2nd Choice _____

2nd Choice _____