

ElderCare 2011

Connecting the Community to You

Tuesday, May 10, 2011 • 10:00 a.m. – 3:00 p.m.

The Manor

42 West Boylston Street (Rte 12), West Boylston, MA

Free Event for Seniors and Caregivers

60 EXHIBITING COMPANIES! GIVEAWAYS & RAFFLES! REFRESHMENTS!

INFORMATIVE SEMINARS

10:30-11:00

THE WELL-KEPT SECRET: Veterans Benefits

Presented by Nicholas Kaltsas Esq., Elder & Disability Law Advocates

11:30-12:00

**HELP FOR CAREGIVERS: Solutions and Support
When Caring for Someone You Love**

Presented by Debbie Dowd-Foley, Caregiver Specialist,
Elder Services of Worcester Area, Inc.

1:00-1:30

**THE TOOLS FOR A SUCCESSFUL FUTURE:
Be Organized-Be Prepared and Long-Term Planning**

Presented by Nicholas Kaltsas Esq., Elder & Disability Law Advocates

Agency Sponsors:



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ENTERTAINMENT

10:00 The Big Band Sounds of the 30's & 40's
with Wendell Crocket

11:15 Easy Chair Yoga for Seniors and Veterans

12:00 Beautiful Ballroom Dancing Moves Performed
by the Dancers of Central MA-USABDA

1:00 Toe Tapping Live Music with the New Orleans Jive

2:30 Raffle Winners Announced
Must be Present to Win Great Prizes!

HEALTH SCREENINGS

Grip Strength
Blood Pressure
Fall Prevention

Stress Management
Video Otoscope
Medication Review