



The Boston Mental Health and  
Aging Coalition presents:  
"The Healthy Aging Promotion Programs"

Would your agency like to:

- Increase community recognition?
- Enhance fund-raising capabilities through proven outcomes?
- Increase client's confidence in managing their health?

If yes, then come learn about A Matter of Balance, Successful Eating for Older Adults, the My Life, My Health programs and more.

**When:** January 11<sup>th</sup>, 2011  
9:30-10am - General Meeting  
10-11am – Presentation

**Where:** Samaritans Inc, 41 West St., 4th floor, Boston, MA 02111  
(Walking distance of the Park St Station)

**About Your Presenters:**

Patricia O'Flynn is a Certified Wellness Coach, Personal Trainer  
Susan Kasle is the Aging and Mental Health Director at MAOA.  
Patricia and Susan are certified in several healthy aging programs.

**To RSVP for this Presentation please contact:**

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